



Parent Commitment COVID-19 Form

Participant Name:

Parent Name:

Address:

Phone Number:

E-mail:

By completing this form and participating in the program, you must confirm that you and your child will abide by the most current guidelines of the County of San Diego Public Health Order. The Following guidelines are based on the San Diego Youth Sports Physical Distancing and Safety Plan for Practices and Drills, and may change during the season. Please be aware that our ability to continue to practice on City of San Diego fields depends on your compliance with all these requirements.

You understand that our use of gym is limited to practice, drills and scrimmages.

You understand that practices will be organized in groups of 12 players per coach. There will be no interaction (i.e. scrimmaging) between different groups. Per the County protocols your child must remain in their assigned group throughout the program.

You attest that you will not send your child to practice if their temperature is above 100° F or if they have COVID-19 symptoms based on CDC guidelines.

You attest that if your child has displayed COVID-19 symptoms, you will not allow them to return to practice until they have tested negative for COVID-19 and provide a medical professional's clearance; or at least 10 days have passed since the onset of symptoms, and at least 3 days (72 hours) have passed since recovery (no fever without the use of fever reducing medication).

You are encouraged to drop off your child at the beginning of practice and return at the end of practice to pick them up. If you stay in the park, you must remain outside of the enclosed field and practice social distancing from other parents.

You attest that you and your child will refrain from unnecessary physical contact with others, including hugs, high fives, and fist pumps which are not permitted per the County protocols.

You and your child will sanitize your hands at the beginning, middle and end of practice. We will provide sanitation but request that each player bring their own bottle of hand sanitizer. The coaches will also be checking players temperature prior to practice using an infrared no-contact thermometer.

Participants must bring enough water as drinking fountains will not be available.

Parent Signature and date:

Participant Signature and date: